



LOCAL COVID ALERT LEVEL

MEDIUM**Social Contact**

Rule of six indoors and outdoors, in all settings.

Weddings and Funerals

Up to 15 guests for weddings and up to 30 guests for funerals. 15 for receptions, wakes and related ceremonies.

Overnight Stays

Overnight stays permitted subject to social contact rules.

Working from home guidance

Work from home where possible.

Shopping and Retail

Open.

Leisure and gyms

Open.

Hospitality

Open with some restrictions including 10pm closing time and table-service only.

Entertainment and tourist attractions

Open, except nightclubs and adult entertainment.

Education

Schools, FE colleges open. Universities must reflect wider restrictions.

Healthcare Services

Open.

Residential Care

Open to external visitors with additional precautions, subject to individual care provider guidance.

Travel and Transport

No travel restrictions within area. Avoid travel into Local COVID Alert Level Very High areas where possible.

Sporting Activity

Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).

Worship

Open, subject to social contact rules.

Childcare

Registered and wraparound childcare open. Supervised activities permitted in private homes. Children's groups permitted.

Youth Clubs and Activities

Permitted.

There are three simple actions we must all do to keep on protecting each other:



Wash hands
keep washing your hands regularly



Cover face
wear a face covering in enclosed spaces



Make space
stay at least 2 metres apart - or 1 metre with a face covering or other precautions

For more information and detailed guidance visit:
[gov.uk/coronavirus](https://www.gov.uk/coronavirus)